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Visit our  
 Website at  
[rsvpgrandjunction.org](http://rsvpgrandjunction.org)

## COME BEAT THE HEAT! RSVP Annual Ice Cream Social

### When:

Friday, July 8, 2011  
 Doors Open at 12:30 p.m.

### Where:

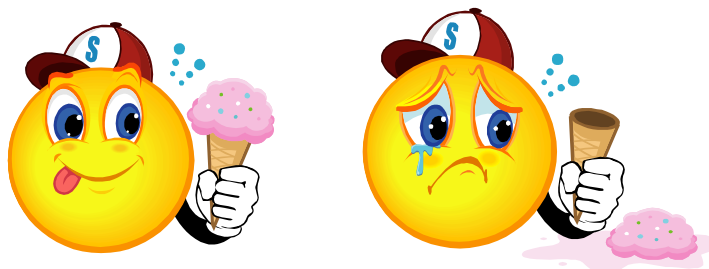
First Presbyterian Church  
 3940 27 1/2 Road

### What:

Ice Cream & Toppings  
 Entertainment  
 Door Prizes

For Reservations Call 243-9839

**Seating is Limited, So Call Early!**



Please Remember  
 Mesa County RSVP, Inc.,  
 in your will, trust,  
 life insurance policy,  
 or retirement plan.

# RSVP

The Mesa County RSVP, Inc.  
is part of the Senior Corps  
through the  
**Corporation for National and  
Community Service**

**Office Location:**

Lower Level of the US Bank at  
4th and White

**Mailing Address:**

PO Box 1077  
Grand Junction, CO 81502

**Phone:** (970) 243-9839

**FAX:** (970) 245-4808

**Web Site:**

[www.rsvpgrandjunction.org](http://www.rsvpgrandjunction.org)

**E-Mail:**

[rsvp@rsvpgrandjunction.org](mailto:rsvp@rsvpgrandjunction.org)

## Staff

**Executive Director:**

Jean Brewer

**Office Manager:**

Aleta Ballard

**Volunteer Manager:**

Ruth McCrea

**Handyman Project**

**Coordinator:** Vacant

**MSMP Project Coordinator:**

Kathleen DuHamel

**Senior Scholar Project**

**Coordinator:**

Vacant

## Board of Directors

**Executive Committee:**

**President:** Kay Fiegel

**Vice President:** Rochelle Larson

**Treasurer:** Penny Mitchell

**Secretary:** Rae Puderbaugh

**Board Members:**

Terri Potente

Teresa Black

Clayton Dause

Angeline Roles

## Office Volunteers

**Elva Rogers** - One Time Projects

**Judy Horn**-One Time Projects

**Judy Campbell** - Clerical Support

**Barbara Jex**- Clerical Support

**Frances Warner** - Office Volunteer

**Sheryl Fitzgerald** - SSP Trainer

**Kathie Thompson** - SHIP Support

**Jeannie Fox** - SHIP Support

**Newsletter Setup:**

Jean Brewer & Aleta Ballard



## HATS OFF TO YOU . . .

- ☆ Thanks to First Presbyterian Church for letting RSVP use their Fellowship Hall for our Ice Cream Social and Holiday Party.
- ☆ Angeline Roles, our newest Board Member, joined in June. Welcome aboard, Angeline!
- ☆ A warm welcome to Teresa Black, who joined our Board in March and helped with our 38th Annual Volunteer Appreciation luncheon.
- ☆ Congratulations are in order for Mildred and Clayton Dause. They won The Beacon "Volunteer of the Year Award." Way to go!!
- ☆ Marianne North has decided to re-retire to spend more time with her grandchildren. Thank you, Marianne, for your contributions to SHIP/MIPPA, and RSVP.
- ☆ A big welcome to Kathleen DuHamel, MSMP (formerly MIPPA) Project Coordinator. Meet her at the Ice Cream Social on July 8.

Do YOU RSVP?



## Volunteer Spotlight

By Ruth McCrea, RSVP Volunteer Manager

What would we do without the volunteers who are the backbone of our organization and our community? No matter how busy they are, volunteers are ready to fill in when needed, participate in a One-Time Project, take the lead at an event, etc. Too many of our exceptional volunteers never get public recognition, yet they keep on volunteering (you know who you are). RSVP volunteers are ALL valued by the RSVP staff and in every member agency, school and government entity utilizing their talents.

Do you know what the term "encore career" is? People who retire from one career then go on to start a totally different career. For individuals who want to stay in the workforce, check out [www.encore.org](http://www.encore.org) and you might just find an encore career that combines "purpose, passion and a paycheck."

But what if you are done with punching a time-clock every day? After successful careers as physicists, scientists, doctors, lawyers, farmers, housewives, and everything in between, what is left to do? Join RSVP to start a new phase of life by sharing your wisdom, talent and expertise. Encourage others to do the same. Rather than using the term "encore," what would these volunteers be called? PRICELESS!

## Welcome New RSVP Volunteers

Through June 15, 2011

Annemieke Ambrosier	Charlene Moonier
Marlene Anderson	Royce Ann Mosher
Bob Beeken	Betty Moyes
Sue Beeken	James Ohlrich
Rick Berg	Jim Owen
Crystal Brittain	Lelia Parfet
Michael Brown	Penny Patterson
Sharon Gallegos	Elaine Phillips
Ray Gilbert	Joyce Sines
Beatrice Harris	James Smith
Christine Jasper	Bill Spade
Nancy Jewell	Suzanne Swartz
Joyce Labig	Janet Timony
Richard Labuda	Judy VanderZiel
Carey Lashbrook	Janis Woodley
Cynthia Lester	
Beatrice Luevano	
Ed McNellis	
Robert Melot	
Lawrence Miller	

Welcome

# Calendar of Events

## July

### Turn in Your June Timesheets

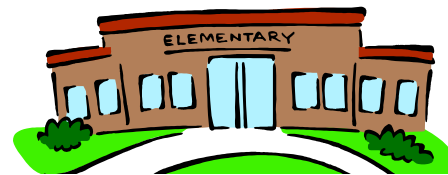
- 4 Independence Day-RSVP Closed
- 8 Ice Cream Social
- 13 Medicare 101 - 10 am
- 20 RSVP Board Meeting 12 Noon
- 21 DOVIA Luncheon - 11 am to 1 pm



## August

### Turn in Your July Timesheets

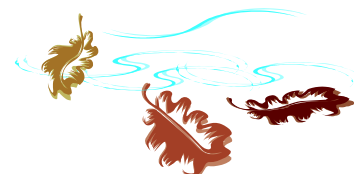
- 17 RSVP Board Meeting 12 noon
- 24 Medicare 101 - 10 am to Noon
- 24 Back to School, District 51 Schools
- 30 Senior Scholar Tutor Training from 9 am to 3 pm



## September

### Turn in Your August Timesheets

- 5 Labor Day - Office Closed
- 21 RSVP Board Meeting 12 Noon
- 22 MSMP Enrollment Event at RSVP from 10 am to 1 pm
- 27 MSMP Enrollment Event at Goodwill from 1-4 pm



## Senior Scholar Project News

by Ruth McCrea

Within the recent Senior Scholar survey responses was one from Helen Klassen, who shared a story about the girls at Orchard Avenue Elementary jumping rope at recess. "Every recess the girls couldn't wait for me to come out and turn rope – that was super fun!" Romaine Webb commented that "it has been good for my brain to have to learn and memorize all (the children's) names," something very challenging since she was only with the first graders 2 1/2 hours once per week.

If you want to experience a rewarding, fun volunteer opportunity and keep your brain active, consider becoming a Senior Scholar Tutor. Can you believe the new school year is a little more than a month away? The next tutor training class is planned for August 30, 2011.

Learn how to be a school volunteer and make a lasting difference in a child's life! Tell a friend or two or three! Class size is limited. Call RSVP at 243-9839 to sign up as soon as possible.

## RSVP Educational Series

### Are You New to Medicare?

Are you eligible for Medicare? Are you confused about your choices? Learn about Medicare by attending a Medicare 101 educational session.

The Senior Health Insurance Program (SHIP) has planned two educational sessions specifically aimed at NEW Medicare beneficiaries at Mesa County RSVP, Lower Level US Bank Building, 422 White Ave. in July and August.

**Dates and times are:**

**July 13 or August 24 at 10 a.m.**

**Seating is limited.**

**Call 243-9839 to pre-enroll .**

## Volunteer Opportunities

In addition to our normal requests, we are currently offering several unconventional volunteer opportunities.

After-school Tutor/Mentors for **Riverside Educational Center** (training in August)

Senior Scholar Tutors for **RSVP** (training in September)

Sales Associate and Office Assistant for **Habitat for Humanity ReStore**

Clerical Assistance **ESPECIALLY** telephone help for **Mesa County RSVP**

Clerk for Program Coordinator needed at **Gray Gourmet office**; also nurse to take monthly blood pressure readings at select **Gray Gourmet** meal sites

Certified Massage Therapist for **Hospice and Palliative Care**

Community Liaison for **Homeward Bound of the Grand Valley**

Travel Counselors – **Colorado Welcome Center - Fruita**

Job Search Strategy Facilitator needed at **Mesa County Workforce Center**

Golf or Bowling Volunteers for **Mosaic Office Help** – **Girl Scouts of Colorado**

Get your toes wet in the volunteer world! Be an **RSVP One-Time Project** volunteer

**Many more opportunities are available.  
Just call 243-9839 for more information.**

## Agency Spotlight

By Ruth McCrea, RSVP Volunteer Manger

### 13th Annual Colorado Cares Day

Event hosted by AARP in Fruita on Saturday, July 30<sup>th</sup>, 2011

Colorado Cares Day is a statewide day of service in honor of Colorado's statehood on August 1, 1876. AARP and the Governor's Commission on Community Service are co-hosting an event in Fruita at the Fruita Farmer's Market at the Civic Center on Aspen Ave. on July 30 from 10 a.m. to noon. It will be a book giveaway for children in the third grade and under. This is in keeping with one of Governor Hickenlooper's goals to have all children at a proficient reading level by third grade.

AARP has invited the Governor and/or the Lt. Governor to be present for the occasion. In addition to the book giveaway, AARP will provide a volunteer recruiting and information table. RSVP, Senior Companion and Foster Grandparents plan to have representatives at this table. **BOOKS ARE BEING COLLECTED FROM JULY 5 THROUGH JULY 29 AT THE FRUITA CIVIC CENTER.**

AARP's mission is to support and improve the lives of people 50 and over. The organization is involved in many community service opportunities throughout the year, one of which is Colorado Cares Day. For more information about AARP, go to [www.AARP.org](http://www.AARP.org). The local contact is Terri at 970-858-5375.

***"Only a life lived for others is a life worthwhile ~ Albert Einstein***

## SMP Medicare Fraud Alert

(Forwarded from the CO Department of Regulatory Agencies in Denver)

### **Kickbacks in Colorado? Can't happen here, right?**

A Medicare beneficiary visited her neurologist in Vail who diagnosed her with MS (Multiple Sclerosis) and gave her information about a drug called Tysabri. The drug is manufactured as a trade name drug by Biogen, IDEC, in North Carolina. Tysabri is an exclusive drug for patients with MS symptoms. The patient sought a second opinion and consulted another physician who said the diagnosis was vague and the medication was "being pushed on her." The patient called the SHIP counselor to inform them of her suspicions. The SHIP counselor wrote up a Complex Referral and submitted it to our state SMP (1-800-503-5191).

Not long after her visit with her original physician, a pharmaceutical rep. named "Phil" contacted her by phone and sent her unsolicited gifts in the form of a tote bag and flannel blanket with the logo of the drug company embroidered on each item from the pharmaceutical supply company called Biogen IDEC. The patient did not know how the drug supplier got her name or phone number.

Based on this information, the SMP pursued the case as a possible HIPPA and civil rights violation for releasing her name, address, and phone number; the matter was also looked at for possible kickbacks between the physician who prescribed the drug and the drug company for their business relationship. What started out as a Part D prescription drug case quickly moved to a possible SMP violation for kickbacks and privacy violations. It has been referred for further action.

**Be aware:** If a drug company sends "gifts" be suspicious that your privacy has been compromised and contact an SMP. Never be afraid to seek a second opinion, especially for a severe condition such as Multiple Sclerosis. Call your local SHIP/SMP office at 243-9839.

***"Dream as if you'll live forever, live as if you'll die today" ~ James Dean***

## MSMP Project News

(formerly MIPPA Project)

by Kathleen DuHamel

The RSVP Money-Saving Medicare Program (MSMP) continues its community outreach activities, including an enrollment event at New Emerson School/Math & Science on June 9 and a presentation for some 65 members of Foster Grandparents on June 13. Our goal is to reach nearly 1,000 seniors and people with disabilities in Mesa, Delta, Montrose and Gunnison counties.

Medicare beneficiaries who attend our enrollment events learn about saving money on prescription drugs and about the free preventive screenings, such as colonoscopies, mammograms, and PSA tests that Medicare is offering this year. In addition, there are no co-pays or deductibles for flu and pneumonia shots, smoking cessation and nutritional counseling if ordered by your physician.

In addition to being screened for eligibility for two Money-Saving Medicare Programs, Medicare beneficiaries receive guidance on comparing prescription drug and health plans and often are referred to our Senior Health Insurance Assistance Program (SHIP) volunteers for individual help.

The Money-Saving Medicare Program is co-sponsored by the Area Agency on Aging, the Mesa County Department of Human Services and the Colorado SHIP. The Colorado Health Foundation has provided substantial support for our efforts. In addition we receive funding from the Administration on Aging and The Centers for Medicare and Medicaid through the Colorado SHIP.

I'm pleased to be the new MSMP Project Coordinator, following in Marianne North's footsteps. If you would like to volunteer for the MSMP project or know someone who could use our assistance, please call me at 243-9839.

**To volunteer or to refer someone in need of our assistance, call Kathleen DuHamel at 243-9839 at Mesa County RSVP**

## SHIP News

(Senior Health Insurance Assistance Program)  
By Ruth McCrea

Medicare beneficiaries need to be especially aware of a major change beginning this year. The Colorado Department of Regulatory Agencies (DORA) provided each state SHIP with these stickers to emphasize the change in the Annual Election Period:



### Did you hear?

The 2011 General Enrollment for Medicare Advantage & Medicare Part D plans has changed to Oct. 15—Dec. 7, 2011.

Any coverage you choose during this enrollment period will be effective Jan. 1, 2012. Watch the local papers for trainings and meetings about Medicare topics in early September. The RSVP SHIP is planning at least four Enrollment Events this year, with the first event most likely scheduled for the week of Oct. 17. More information will be in the October RSVP newsletter.

The Medicare 101 educational seminar for new Medicare beneficiaries is presented by a SHIP Navigator every month. Future seminars are scheduled for July 13 and August 24. Face-to-face appointments are available at the SHIP office. Call RSVP at 243-9839 to be connected to a SHIP navigator, make an appointment or to sign up for an educational session.

**SHIP navigators are available by appointment. Call RSVP at 243-9839 to connect to the Mesa County SHIP.**

## PICTURE YOURSELF

By Aleta Ballard

If you would like to have your picture updated or if you would like to be included in future slide shows, please call 243-9839 and we will be happy to take your picture. We can do this at our office or where you volunteer. Having the pictures taken where you volunteer would be fun if you are working at something visual.

## City Market Cares

- ♥ Register all Active Value Cards in your Household
- ♥ Use your card every time you shop at City Market
- ♥ Sign up friends, family, neighbors and coworkers
- ♥ Please register **all new cards** with RSVP
- ♥ City Market or King Soopers- Sooper Cards can be registered for RSVP
- ♥ Fuel Center purchases DO count for our organization

**City Market Cares has donated a total of \$6,896.56 to RSVP since April 2001! THANK YOU!!!**

### Make an Easy, Painless Donation to RSVP.

Fill this out, mail it to RSVP, and use your card when shopping at City Market.

Value Card Sign-Up Card



Organization Name: **Mesa County RSVP**

Date: \_\_\_\_/\_\_\_\_/2011 Record these 12 digits in the Value Card box below.

Name: _____	Value Card Number _____
-------------	-------------------------

Address: \_\_\_\_\_ Telephone(\_\_\_\_) \_\_\_\_\_

City, State and Zip : \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

## Handyman Services

### What We Do . . .

- Minor Plumbing Repair
- Minor Electrical Repair
- Window Mounted Coolers
- Furnace Check up, Servicing
- Minor Furniture Repair
- Installing Grab Bars
- Wheelchair Ramp Building
- Minor Home Adaptations for Disabled
- Minor Carpentry

### What We Don't Do..

- Yard or Garden Work
- Roof Repair/ Replacement
- Roof Top Coolers
- Furnace Repair
- Furniture Assembly
- Electrical Wiring
- Remodeling
- Carpet Cleaning
- Moving/Heavy Lifting
- House Cleaning
- Appliance Repair
- Rental Repairs

**To Help or if You Need Help,  
Call RSVP at 243-9839**

# Friends of RSVP

Our Office Space is Generously Donated by the



## Patrons (\$500 +)

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El Pomar Foundation  
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Daniels Fund  
Corporation for National & Community Service  
Xcel Energy Foundation  
Fruita Thrift Shop  
Sam's Club Foundation  
State of Colorado-SHIP  
Goodwin Foundation

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US Bank  
Bill & Judy Thompson  
**IN HONOR OF:**  
Loralee Kerr for Bill & Judy Thompson

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## Sustaining Members (\$250 to \$499)

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Clayton & Mildred Dause  
Thomas Johnson

R.D. & Phyllis Roberts  
Les & LeAnn Zetmeir

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**UNITED WAY DONOR:**  
Jean A. Brewer

## Contributing Members (\$50 to \$249)

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Alex & Norma Coren  
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Colorado Document Security  
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Ruth M. Craven for James Massey  
Jerome Brawer for Lillian Brawer

Margaret Jaceckel for Terry Jaceckel  
Virginia L. Samuel for James Samuel  
Dave McQuery for E.K. McQuery

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Robin Waddell

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**IN HONOR OF:**  
Beulah Roady for Michael O'Connell  
Brenda Ricks For Phil Jessen  
C.L. & W. D. Smith for Tom Peseo  
Charles Alexander for Irwin Stewart  
Jennie Sena for A. Bennett  
Robert Farrell for Lee Jensen

**Thank You!**

Donors are listed here for 1 year from the time of donation. If for some reason we have omitted or misspelled a donor's name, please accept our apology. We would appreciate the chance to correct our records. Please call the RSVP office at 243-9839.



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COMMUNITY  
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Friends of



- Contribute financially to RSVP, and ...
- Believe people 55 and over are a valuable asset to the community, or...
- Utilize RSVP volunteers through his/her place of work, or...
- Support what the organization stands for, or . .

Any combination of the above!!!

Put Your Friendship Where it Will Help Most...

I want to be a friend of RSVP, whose mission is:  
*“Serving the community by utilizing the talents and skills of senior volunteers and placing them in rewarding opportunities at local agencies.”*

- Patron Member (\$500 or over)
- Sustaining Member (\$250 to \$499)
- Contributing Member (\$50–\$249)
- Participating Member (\$1 to \$49)

Enclosed is my/our check for \$ \_\_\_\_\_

- Donation in Honor of: \_\_\_\_\_
- Donation in Memory of \_\_\_\_\_
- I want more information about RSVP
- I want more information on becoming an RSVP volunteer

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_