



# News

January 2010

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## **Mesa County RSVP, Inc. 37th Annual Volunteer Appreciation Event**

**Diamond Sponsor:**



**Friday, March 26, 2010  
Two Rivers Convention Center  
159 Main Street  
Grand Junction, CO 81501**

**Volunteer Fair  
10 a.m. to 12:30 p.m.  
Free and Open to the Public**

**Volunteer Appreciation Luncheon  
1-3:00 p.m.  
Keynote Speaker: Sue Hansen  
Entertainment**

All registered RSVP volunteers, and selected honored individuals are invited to be our guests at the luncheon **for no charge.**

In order to attend the luncheon at no charge, new volunteers must be registered with RSVP by March 12, 2010. Call in your mandatory reservation by March 22, 2010, 5 p.m. Seating is limited.

If a registered RSVP volunteer wishes to bring a guest who is not registered, or if someone new would like to attend the luncheon, the cost is **\$15** payable in advance.

**Visit our  
Website at  
[rsvpgrandjunction.org](http://rsvpgrandjunction.org)**

**Please Remember  
Mesa County RSVP, Inc.,  
in your will, trust,  
life insurance policy,  
or retirement plan.**

# RSVP

The Mesa County RSVP, Inc.  
is part of the Senior Corps  
through the  
**Corporation for National and  
Community Service**

**Office Location:**  
Lower Level of the US Bank at  
4th and White

**Mailing Address:**  
PO Box 1077  
Grand Junction, CO 81502  
**Phone:** (970) 243-9839  
**FAX:** (970) 245-4808

**Web Site:**  
[www.rsvpgrandjunction.org](http://www.rsvpgrandjunction.org)  
**E-Mail:**  
[rsvp@rsvpgrandjunction.org](mailto:rsvp@rsvpgrandjunction.org)

## Staff

### Executive Director:

Jean Brewer

### Office Manager:

Aleta Ballard

### Volunteer Manager:

Ruth McCrea

### Handyman Project

#### Coordinator:

Sherry Taylor Warner

### MIPPA Project Coordinator:

Marianne North

## Board of Directors

### Executive Committee:

**President:** Terri Potente

**Vice President :** Kay Fiegel

**Secretary:** LeAnn Zetmeir

**Treasurer:** Verna Seal

### Board Members:

Clayton Dause

Rochelle Larson

Sandra Johnson

Penny Mitchell

Daretha Piper

## Office Volunteers

Elva Rogers - One Time Projects  
Judy Campbell - Clerical Support  
Grace Croxton - HND Surveys  
Mary Ann Grant - Clerical Support  
Frances Warner - Office Volunteer  
Sheryl Fitzgerald - SSP Trainer

### Newsletter Setup:

Jean Brewer & Aleta Ballard



# HATS OFF TO YOU ...

- ◆ **LeAnn Zetmeir** for leading the team of staff and volunteers who created the darling snowmen centerpieces for the RSVP Holiday Party.
- ◆ **Eleanor Saddoris** for playing the piano at our Holiday Party.
- ◆ **Central High School show choir** for performing for our Holiday Party.
- ◆ **First Presbyterian Church** for donating the use of their Fellowship Hall again this year for our Holiday Party.
- ◆ **All of the SHIP volunteer counselors** for doing such a fantastic job during the Medicare Part D Prescription Drug enrollment period from Nov. 15 through Dec. 31, 2009.
- ◆ **Bill and Judy Thompson and Lee Jensen** for creating and decorating the new SHIP/MIPPA office area.
- ◆ **Frances Warner** for helping us organize the RSVP office.
- ◆ **Valley Lumber** for their partnership with the Handyman Project.
- ◆ **Verna Seal** for her volunteer time as a member of our board of Directors and as the Board Treasurer. She will be missed.

## AARP Sponsored FREE Tax Preparation

By John Nelson

Computer generated Federal and State returns with e filing for  
low and middle-income taxpayers of any age.

Sites available February 1 - April 15, 2010

- **US Bank (Lower Level/Basement) 4th & Grand** - 9:00 a.m. – 3:00 p.m. Mondays, Tuesdays, and Wednesdays. PLEASE park outside the Bank parking lot! Enter the south door and use elevator to the basement.
- **Senior Recreation Center site MOVED to Mesa County Library's** stone building corner of 6th and Grand - Open Fri. 12:30 - 3:30 p.m. & Sat. 9:15 a.m. - 12:15 p.m.
- **VA Medical Center** - CLOSED
- **Wells Fargo Bank** – 28th & North Ave.; Tuesdays & Thursdays 9 a.m. - 12:00 p.m.
- **Clifton Community Center** - 126 2nd St. Clifton; Tuesdays & Thursdays 9 a.m. -12:00 p.m.

### Taxpayers should have the following documents:

- Social security cards or an accurate record of taxpayer identification numbers for all individuals involved.
- Driver's license or state ID card
- All income documents – W2's, 1099's etc.
- For direct deposit of refunds, a voided check with account and routing numbers.

## Senior Scholar Project News

by Ruth McCrea

*"Mentoring is a brain to pick, an ear to listen, and a push in the right direction."*

John Crosby

### BECOME A SENIOR SCHOLAR

Senior Scholars Project (SSP) volunteers know they are making a difference in the lives of students who desperately need academic help and encouragement. One-on-one time is invaluable, and such caring involvement helps students recognize that our SSP volunteers genuinely want to help them.

**Here is more good news!** Do you want to slow the mental aging process, feel young at heart and make a difference in the future? Give back to your community by getting involved with young people. Become a tutor/mentor! **The next Tutor Training Session is on Feb. 25, 2010. Call 243-9839 to reserve a spot.**

### BOOKS!

Did you know RSVP has donated books that Senior Scholars can take for use in the classroom? Through a generous donation from Habitat for Humanity, we have used books to give away. Call RSVP (243-9839) or stop by to pick up a book... or two... or more! We also have NEW K-2 books for the Senior Scholars to give to kids.

### DATES TO REMEMBER:

**Jan. 5** – School back in session

**Feb. 25** – First 2010 Senior Scholar Tutor Training Session

**March 8-12** – Spring Break

**For more information about the Senior Scholar Project, or if you are interested in becoming a tutor/mentor, call:**

**Ruth McCrea with Mesa County RSVP  
at 243-9839**

# Calendar of Events

## January

Turn in your December timesheets

**1 New Year's Day**  
Office Closed

**18 Martin Luther King Day**  
Office Closed



**20 RSVP Board Meeting at Noon**

## February

Turn in your January timesheets



**2 Groundhog Day**

**14 Valentine's Day**



**15 President's Day**  
-Office Closed



**17 RSVP Board Meeting at Noon**

## March

Turn in your February timesheets

**17 St. Patrick's Day**



**17 RSVP Board Meeting at Noon**

**26 Recognition Luncheon**

*"If you rest, you rust."*

Helen Hays

*"Cheers to a new year and another chance for us to get it right."*

Oprah Winfrey

## Welcome New RSVP Volunteers

Through December 18, 2009

Keith Adler	Edward Duke	Richard Mohler
David Almandi	Suzanne Fenton	Yvonne Peterson
Judy Andem	Mabel Flemming	Art Pickerall
Leslie Anema	Charlene Gardineer	Linda Rodriguez
Alice Besiack	Marilyn Gist	Ralph Roe
Hubert Betzen	Gerald Handy	Vida Skaggs
Bill Burger	Edi Hays	Ron Thoreson
Wayne Cepelis	Richard Hays	Jean Waid
Steve Childs	Irma Kapushion	Don Warner
Joe Chmielewski	Cindee Kopfman	Frances Warner
Judy Chmielewski	Karen Masone	Elizabeth Wilhelm
Keith Compton	Johneth McGinty	
Christine DiFrisco	Dawn Merris	

## Volunteer Opportunities

**For one-stop volunteer shopping we connect individuals 55+ with volunteer positions in our 90+ member agencies**  
Listed here are a **FEW** opportunities:

- School Office Assistant
- Retail Associate for Uniquely Yours
- Retirement Program Assistant
- Medical Records Filing Clerk
- Retail Store Associate
- Musical Talent
- Cooking Assistant
- Activities Assistant
- Board Member
- Museum Docents
- Administrative/Clerical
- Direct Support
- Marketing
- Craft and Activities Assistant
- LIS/MSP Outreach Volunteers are needed to help low-income Medicare recipients sign up for Social Security Extra Help
- Administrative Assistant

Get your toes wet in the volunteer world! Do you want to volunteer but don't want a long-term commitment? **RSVP's ONE-TIME PROJECTS** is for you!

**Call 243-9839 for information or check our website for a full listing of opportunities at:**

**[www.rsvpgrandjunction.org](http://www.rsvpgrandjunction.org)**

## SHIP News

(Senior Health Insurance Assistance Program)

The Colorado SHIP is the Senior Health Insurance Assistance Program. The purpose of the SHIP program is not to recommend or endorse any one product or insurance company. Rather, its purpose is to assist consumers in making informed Medicare choices.

All SHIP counselors are dedicated volunteers, and services are provided through a grant from Centers for Medicare and Medicaid Services. SHIP counselors provide free, unbiased education and assistance. The Mesa County RSVP program covers Mesa County. Other regional organizations cover the other Colorado counties. SHIP counselors are available by appointment only. Call (970) 243-9839 for information. Outside Mesa County, call 1-888-696-7213 and your call will be routed to the nearest SHIP office.

Do you want to switch your Medicare Advantage (MA) Plan? Or do you think you enrolled in the wrong Medicare Part D plan during the Annual Election Period? Mesa County RSVP, Inc. has trained SHIP counselors to help Medicare recipients during the Medicare Advantage Open Enrollment period from Jan. 1 - March 31, 2010.

**NOTE:** Individuals who received notification that their Medicare Advantage Private-Fee-For-Service plan will not be offered in 2010 will have until Jan. 31 to choose an alternative to the coverage they are losing.

Don't panic! SHIP counselors can help navigate the muddy waters of Medicare!

### **ADDITIONAL SHIP NEWS:**

**The third year of the Mesa County RSVP SHIP starts in January, and another three-day training session is scheduled for Feb. 8-10 (location to be determined).**

We are once again recruiting volunteers who would be willing to take a three-day training class at RSVP and become SHIP Counselors. Our counselors handled over 50 walk-in Medicare beneficiaries during the two Medicare Part D Enrollment Events in November and December. We could always use more help!

**Call Ruth McCrea at RSVP at 243-9839 if you are interested in being a SHIP Counselor**



## Volunteer Spotlight

By Ruth McCrea,  
RSVP Volunteer Manager

Are you ready for the next decade of the new Millennium? The staff at RSVP is, thanks to a volunteer who became a member only a few months ago. We are re-organized, re-energized and ready to face another New Year!

“Frances with an e” (as I call her) started in October. During her intake interview, she rubbed her hands in glee when viewing our over-crowded storeroom. Organizing is one of her passions. Wow! Did we ever benefit! Everything in the storeroom is now neat and orderly, with labels to help us find little-used items like seasonal decorations. It is a joy to be able to find what we need when we need it. We could all use a little “Frances” in our lives!

Have you ever considered volunteering at RSVP itself? Long-time RSVP volunteers already know about the variety of volunteer opportunities offered through our Member Agencies. Volunteers will often join to help a specific agency near and dear to their hearts. But how many of you know that RSVP has a need for volunteers in our own office?

In addition to our dedicated office volunteers, callers and One-Time Project coordinator, we have volunteers involved with our three signature projects (Handyman, Senior Scholar and SHIP). Including board members, office volunteers, and various callers, we received the help of 71 volunteers during 2009. Because the SHIP project grew so much this past year, we created two sub-office areas located within the RSVP office. This allows the SHIP counselors to spend more one-on-one time with Medicare beneficiaries.

Come play with us! As we start a new year, we look forward to interacting with all our wonderful volunteers. Thank you for all you do; you are vital to our continued success!

**Call Ruth McCrea at RSVP at 243-9839**

## Handyman Project News

by Sherry Taylor Warner

Though Winter has only been officially declaring its' ferocity since Dec. 21<sup>st</sup> many citizens of the Grand Valley have been suffering from the harsh, record cold temperatures and the result of the freezing effects since early December.

What a great test of the mechanical systems in our homes...unfortunately many of the catastrophic failures that residents experienced, like broken water pipes and furnace failures are **not** jobs that our Handyman volunteers can fix.

We **can** help you keep the cold out. If you have not yet had weatherization assistance, or are still experiencing drafts of cold air flowing into your home through cracks around your windows and doors, please call to set up an appointment with a Handyman. We are able to install plastic over window exteriors and apply weather stripping to doors and windows. These changes can help make your home feel cozier and be less costly to heat.

Weatherization is just one of the services that the Handyman Project provides. This past fiscal year, the project volunteers contributed 1,106 hours of service in the performing of 45 carpentry jobs; 12 minor electrical repairs; 29 minor plumbing fixes; 80 grab bar installations; 15 wheelchair ramp construction projects; 33 miscellaneous services and 13 estimates.

If you utilized the services of the Handyman project this year, we're grateful to have been able to help you, and if you were able to make a donation, please know that by doing so you were able to extend services to another in a very meaningful way.

I would like to welcome four new handymen to the ranks: Rick Mohler and Art Pickrell. They will be joined soon by Dick and Edi Hays – our second handyman team serving as a couple. Welcome!

Thanks! to all of the Handyman volunteers for donating your time, expertise and resources – you are invaluable to us.

**Happy New Year from the volunteers and the coordinator of the Handyman Project!**

## Do You Have a Background in Marketing?

Would you like to help RSVP develop a new marketing plan? In January 2010 we are putting together a marketing committee and want additional interested community members to help us develop a plan to grow our organization.

Please call Jean Brewer at 243-9839 for more information or to participate in this committee.

## Blood Chemistry Screenings

There are **two time in 2010** when you can get your blood drawn and tested.

You can either **call** to register for the blood draws or **go online** at [www.mesahealth.org](http://www.mesahealth.org) (online information available mid January)

**Registration Number 683-6636**  
(This number active only on days listed below and only for registration)

**Call Feb. 1, 2, or 3 to register**  
(during regular business hours)  
for the blood draws that are Feb. 15 through 19,

or

**Call March 1, 2, or 3 to register**  
(during regular business hours)  
for the blood draws  
March 12 and 13 during the Health Fair.

Appointment times for both draws are available only 7 a.m. to noon

**The Health Fair is**  
March 12 & 13, 2010  
at Central High School  
from 7 a.m. to noon

**Blood Draw Walk-ins are welcome during the Health Fair only. For additional information, dial 2-1-1 from a land line or 244-8400 from a cell phone.**

## City Market Cares

- ♥ Register all Active Value Cards in your Household
- ♥ Use your card every time you shop at City Market
- ♥ Sign up friends, family, neighbors and coworkers
- ♥ Please register **all new cards** with RSVP
- ♥ City Market or King Soopers- Sooper Cards can be registered for RSVP
- ♥ Fuel Center purchases DO count for our organization

**City Market Cares has donated a total of \$6,027.86 to RSVP since April 2001!  
THANK YOU!!!**

**Make an Easy Painless Donation to RSVP. Fill this out, mail it to RSVP, and use your card when shopping at City Market.**

**If you have already filled one out, that is enough.**



Value Card Sign-Up Card



Organization Name: **Mesa County RSVP**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Record these 10 digits in the Value Card box below.

Name:

Value Card Number

Address: \_\_\_\_\_

Telephone(\_\_\_\_)

Authorized Signature: \_\_\_\_\_

## Handyman Services

### What We Do . . .

- Minor Plumbing Repair
- Minor Electrical Repair
- Window Mounted Coolers
- Furnace Check up, Servicing
- Minor Furniture Repair
- Installing Grab Bars
- Wheelchair Ramp Building
- Minor Home Adaptations for Disabled
- Minor Carpentry

### What We Don't Do..

- Yard or Garden Work
- Roof Repair/ Replacement
- Roof Top Coolers
- Furnace Repair
- Furniture Assembly
- Electrical Wiring
- Remodeling
- Carpet Cleaning
- Moving/Heavy Lifting
- House Cleaning
- Appliance Repair
- Rental Repairs

**To Help or if You Need Help,  
Call RSVP at 243-9839**

# Friends of RSVP

Our Office Space is Generously Donated by the  **usbank**



## Patrons (\$500 +)

United Way of Mesa County	F. Bing Johnson	Xcel Energy Foundation	Western Colorado
JVA Consulting	Wells Fargo Bank	City Market	Community Foundation
Bacon Family Foundation	Anschutz Family Foundation	School District #51	
Callahan-Edfast Mortuary	Kiwanis Foundation	Fruita Thrift Shop	<b>United Way Donors:</b>
Chick-Fil-A	Daniels Fund	Sam's Club Foundation	Bob and Sarah Walsh
El Pomar Foundation	AV Hunter Trust	State of Colorado-SHIP	Rebecca Spiess
Emil Woods	Corporation for National & Community Service	Sandra Johnson	Debi Overholt
		Goodwin Foundation	

## Sustaining Members (\$250 to \$499)

Community Hospital	Palisade National Bank	<b>United Way Donor:</b> Jean A. Brewer
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## Contributing Members (\$50 to \$249)

Alpine Bank	Jack & Beverly Kingsley	Linda & R.L. Berkey	Beth Somerville for William Somerville
Anne E. Williams	Jim & Kate Malapanes	Michael & Gloria Hollermeier	
B & A Block	Jean Enderur	Mildred Spomer	<b>IN HONOR OF:</b>
Clayton & Mildred Dause	John A. Ybarra	Norman Kelsey	Thomas Nash & Jacquelyn Potente for
Charlene M. Thorpe	Joseph & Linda Moreng	Sam & Patsy Hobbs	Theresa Potente & Ed Apanel
Daretha Piper	Katheryne Raber Living Trust	Sandy G. Klein	
Donald & Lottie Redmon	Kay & Robert Fiegel	Terri Potente	<b>UNITED WAY DONORS:</b>
Gordon & Joanne Goebel	Lawrence Mack	Penny Mitchell	Jeannette Kuchyt
Harold & Helen Darrah	Lavonne L. Heidel	<b>IN MEMORY OF LOVED ONES:</b>	Trulie Oliver
Helen Hayes	LeAnn & Les Zetmeir	Bessie Massey for Jim Massey	

## Participating Members (\$1 to \$49)

A.B. & Andrea Strahl	Dorothy Dixon	Joyce Hofman	Silas Grantham
A.L. & Della Dotson	Dorothy Sullivan-Johnston	Kenneth & Lois Lampert	Sondra Goffinet
Alberta A. Husch	Edward & Nancy Groenert	Kenneth & Nancy Neal	Steven Letterhos
Alberta M. Smith	Ed & Josephine Delucas	Lawrence & Beverly Allec	Teresa Taylor
12th Street Albertsons	Edge Salon	Lawrence & Elaine Rydiger	Teresa Torrens
Allen & Darlene Baugh	Eileen A. Bowen	Lestella Allen	Tillie & Pat Bishop
Angie Hernandez	Eldon & Leona Hetzel	Lillian Whalen	T.V. & S.M. Biel
Anita T. Pisciotte	Eldon & Mary Coffey	Lois V. Endres	V. & Barbara Charles
Anonymous Donor	Eleanor Reeves	Lois Stouffer	Vallie M. French
Arlene Vogel	Eleanor Saddoris	Lucille Cantrell	Velma Andrews
Avis Richter	Eleanor Wyatt	Marcus Douglas	Verna Seal
Barbara H. A. Robson	Elizabeth Terrell	Margaret S. Heitt	Viola Ward
Bed Bath & Beyond	Ella Stevens	Marilyn M. Beckage	Violet Roeland
Beryl & Bessie Jo Rienks	Ellen V. Roberts	Marilyn McCormack	Ward & Jane Nair
Bette L. Burford	Elva Rogers	Mary Roberts	Wayne & Martha Klute
Betty J. Anderson	Eva L. Kelly	Mary Z. Stewart	William & Ina May Kistler
Betty Klaiber	Florence Moore	Michael & Leilani Kohl	William & Wanda Wooters
Betty J. Rodgers	Forrest & Mildred Gilley	Nelson & Gladys Ramos	Willis & Pauline Hammons
Beverly Ann Taylor	Frances Simpson	Norman & Jackie Way	Paul Van Kirk Jr. Revocable Trust
Beula C. Banks	Gene & Ethel Kalmom	Patrene Rice	
Blockbuster Videos	Geneva L. Gallagher	Patricia A. Kansgen	<b>IN HONOR OF:</b>
Bonnie N. Handy	Grace Croxton	Phyllis Guffy	Myrtle Smith for Elizabeth Massaro
Botanical Gardens	Gwen & Francis Huber	Piera Kilanxhja	
Carey & Karen Horton	Hal Jacobson	R.E. & Joan Phillips	<b>IN MEMORY OF LOVED ONES:</b>
Carl & Joan Richardson	James & Eloise Whaley	Rae M. Puderbaugh	Anton Steinle for Eleanor Steinle
Carolyn Gerhard	James & Mary Taylor	Robert & Jeanne Young	Donna Bryant for Bill Bryant
Carolyn Santy	James & Virginia Samuel	Robert & Marian Farrell	Florence V. Balbier for John Watt, Betty
Charles Alexander	James & Luane Kerski	Rochelle Larson	Zeni, Eleanor Steinle and Ted Balbier
Cheryl Jacobs	James & Mary Russell	Roger & Anita Finkel	Margaret Jaeckel for Terry Jaeckel
Cleo Korb	James Lee Brown	Roger & Linda Dingman	Romona V. Clinton for Fred & Mary
Cynda Byers	Jeanice Swank	Rojean Wells	Michel
Cynthia & Lloyd Reed	Jonathan & Mary Ann Wilson	Ron Beckman	Scott & Anna Pinnick for Jim Massey
Daniel & Sharon Hanley	John & Donna Simmons	Ruth Hjelmstad	Sally Gaurmer for Gene Gaurmer
Dewayne J. Aden	John Nelson & Patricia Amadeo	Russell Parry	White River National Forest for Larry
Donna Bryant	Joan Kukuk	Scott & Betty Walck	Allec
Donna L. Poling	Joanne M. Cording	Sherman & Marie Marrs	<b>2008 UNITED WAY DONOR:</b>
Donnell Reid	Josephine Dickey	Shirley Schultz	Robin K Nelson

Thank You!

Donors are listed here for 1 year from the time of donation. If for some reason we have omitted or misspelled a donor's name, please accept our apology. We would appreciate the chance to correct our records. Please call the RSVP office at 243-9839.

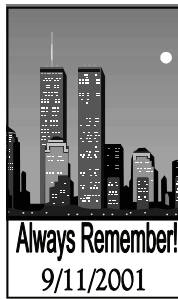


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Grand Junction, CO 81502

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CO  
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ADDRESS SERVICE REQUESTED

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COMMUNITY  
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Place label here

Friends of



Put Your Friendship Where it Will Help Most...

I want to be a friend of RSVP, whose mission is:  
*"Serving the community by utilizing the talents and skills of senior volunteers and placing them in rewarding opportunities at local agencies."*

- Contribute financially to RSVP, and ...
- Believe people 55 and over are a valuable asset to the community, or...
- Utilize RSVP volunteers through his/her place of work, or...
- Support what the organization stands for, or . .

- Patron Member (\$500 or over)
- Sustaining Member (\$250 to \$499)
- Contributing Member (\$50-\$249)
- Participating Member (\$1 to \$49)

Enclosed is my/our check for \$ \_\_\_\_\_

- Donation in Honor of: \_\_\_\_\_
- Donation in Memory of \_\_\_\_\_
- I want more information about RSVP
- I want more information on becoming an RSVP volunteer

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Any combination of the above!!!