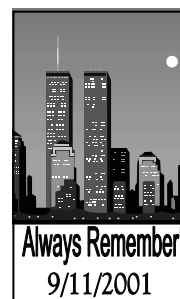


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Put Your Friendship Where it Will Help Most...

I want to be a friend of RSVP, whose mission is:
“Serving the community by utilizing the talents and skills of senior volunteers and placing them in rewarding opportunities at local agencies.”

- Contribute financially to RSVP, and ...
- Believe people 55 and over are a valuable asset to the community, or...
- Utilize RSVP volunteers through his/her place of work, or...
- Support what the organization stands for, or . .

Any combination of the above!!!

- Patron Member (\$500 or over)
 - Sustaining Member (\$250 to \$499)
 - Contributing Member (\$50-\$249)
 - Participating Member (\$1 to \$49)
- Enclosed is my/our check for \$ _____
- Donation in Honor of: _____
 - Donation in Memory of _____
 - I want more information about RSVP
 - I want more information on becoming an RSVP volunteer

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____



News

July 2009

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Donate \$10 to support Senior Volunteerism!

We are asking each person receiving this newsletter to donate \$10 to Mesa County RSVP, Inc. Your donation can be directed to any of our volunteer driven Signature Projects like:

- **The Handyman Project** helping people who are elderly and/or disabled get the minor home repair help they need to continue to live independently in their homes.
- **The Senior Scholar Project** helping children grades K-12 by tutoring them and providing the one-on-one care they so desperately need to succeed.
- **SHIP (Senior Health Insurance Assistance Program)** helping people navigate the muddy waters of Medicare.

OR you can make a general donation to **RSVP** that goes to helping us recruit, manage, recognize and support our wonderful, fantastic volunteers who make all of the good work possible in our community.

See the enclosed donation envelope to mail in your donation or you can make an easy donation with your credit card through our website at www.rsvpgrandjunction.org click on the **“Donate Now”** button.

All donations are fully tax deductible

Visit our Website at rsvpgrandjunction.org

Please Remember Mesa County RSVP, Inc., in your will, trust, life insurance policy, or retirement plan.

RSVP

The Mesa County RSVP, Inc. is part of the Senior Corps through the Corporation for National and Community Service

Office Location:
Lower Level of the US Bank at 4th and White
Mailing Address:
PO Box 1077
Grand Junction, CO 81502
Phone: (970) 243-9839
FAX: (970) 245-4808
Web Site:
www.rsvpgrandjunction.org
E-Mail:
rsvp@rsvpgrandjunction.org

Staff

Executive Director:
Jean Brewer
Office Manager:
Aleta Ballard
Volunteer Manager:
Ruth McCrea
Handyman Project Coordinator:
Sherry Taylor Warner

Board of Directors

Executive Committee:
President: Terri Potente
Vice President : Kay Fiegel
Secretary: LeAnn Zetmeir
Treasurer: Verna Seal

Board Members:
Clayton Dause
Rochelle Larson
Sandra Austin
Andrea Clark French
Penny Mitchell
Daretha Piper

Office Volunteers

Elva Rogers - One Time Projects
Judy Campbell - Clerical Support
Grace Croxton - HND Surveys
Wini Caros - Historian
Mary Ann Grant - Clerical Support
Ed Woodward - Clerical Support

Newsletter Setup:

Jean Brewer & Aleta Ballard



HATS OFF TO YOU...

- ◆ **Beth Somerville** for over 10 years of service on the RSVP Advisory Council and Board of Directors. You have been a wonderful asset and support to our programs for many, many years. We will miss you on the Board, but are happy you will continue on the Special Events/Fundraising Committee.
- ◆ **Welcome two new Board Members.** Penny Mitchell is the development officer for RMPBS and Daretha Piper is the Volunteer Coordinator for Homeward Bound of the Grand Valley.
- ◆ **My thanks to all of the RSVP staff members, Board members, friends and colleagues** who supported me when my 91 year old father passed away in March. All of your support, cards, etc. meant a lot to me. *Jean Brewer, RSVP Executive Director*
- ◆ **JVA Consulting Compassionate Campaign Initiative** for the grant for the new office furniture and the ongoing capacity building training we are receiving.
- ◆ **Elva Rogers** for her work as a lead volunteer with the One-Time Projects. She does such a great job! We appreciate the many years of help she has given to Mesa County RSVP.
- ◆ **To all of the volunteers who turn in your volunteer hours to RSVP on a regular basis.** You are the heart of our organization and the community! Reporting your hours is a requirement of membership with RSVP. Thanks again.



Volunteer Impact Survey



Thank you in advance for taking the time to complete the Volunteer Impact Survey that is included as an insert in this newsletter. This is our annual volunteer survey. We need a large percentage of our members to complete this survey in order for us to have the data we need for our grant reports and in order for us to be able to know what the majority of our members think and feel about certain services.

You can either complete it on line through our website at www.rsvpgrandjunction.org and on the left side of the home page click on the link that will take you to the survey, or you can complete the paper survey in this newsletter and mail it to:

RSVP, PO Box 1077, Grand Junction, CO 81502
Thank You!

Friends of RSVP

Our Office Space is Generously Donated by the **usbank**



Patrons (\$500 +)

American National Bank United Way of Mesa County JVA Consulting Bacon Family Foundation Callahan-Edfast Mortuary Chick-Fil-A El Pomar Foundation Emil Woods Janus Foundation	Wells Fargo Bank Anschutz Family Foundation Kiwaniis Foundation Daniels Fund AV Hunter Trust Corporation for National & Community Service Xcel Energy Foundation City Market	School District #51 Grand Valley National Bank Fruita Thrift Shop Western Rockies FCU Sam's Club Foundation State of Colorado-SHIP Sandra Austin Herberger's Department Store Goodwin Foundation	Western Colorado Community Foundation 2008 United Way Donor: Bob and Sarah Walsh Rebecca Spiess Debi Overholt
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Sustaining Members (\$250 to \$499)

A.G. Edwards and Sons Commercial Federal 1st National Bank of the Rockies Community Hospital Dorothy Jean Rome Grand Junction FCU	Home Loan Rio Grande Credit Union Palisade National Bank Western Rockies FCU Wendy's Hamburgers LeAnn & Les Zetmeir	IN HONOR OF: Virginia & Jean Herbison-Richard Meysenburg 2008 UNITED WAY DONORS Jean A. Brewer
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Participating Members (\$1 to \$49)

A.L. & Della Dotson 12th Street Albertsons Afton H. Gardner Allen & Darlene Baugh Alfred & Katherine De Long Alice Gurnik Angie Hernadez Anonymous Donor Arlene Vogel Avis Richter Barbara & Wayne Wilcox Beatrice Scruggs Bed Bath & Beyond Beryl & Bessie Jo Rienks Betty J. Anderson Beverly G. Pace Blockbuster Videos Botanical Gardens Carino's Italian Grill Carol Sanchez Cheryl Jacobs Clara Williamson Cottonwood Liquors Culinary Corner Dennis Niblack Dianna S. Wright Dorothy Dixon E. C. & Constance Clark Ed & Josephine Delucas Eldon & Leona Hetzel Eldon & Mary Coffey	Elizabeth Terrell Eyla Welborn Felix & Dorothy Kloberdanz Fisher Liquor Barn Florence Moore Floyd Kelly Floyd & Peggy Conner Forrest & Mildred Gilley Frances Simpson Grand International Buffet Gwen & Francis Huber Hastings Videos and Books Helen Hays Home Depot IHOP Restaurant Illa Marrs Jack & Mattie Galvez Jack & Mildred Means James & Mary Russell James & Mary Lou McCullah Janet Blackwood Jean Enderur Jeanette Scuzzaro Jerry Beckley Jo Sodergard Joanne Kukuk Joanne M. Cording Josephine Dickey Kenneth & Betty Swena Lawrence & Beverly Allec Lawrence & Callie Miller	Leslie & Ruby Stone Lillian Whalen Linda Carpenito Louise Stapleton Lucille Cantrell Mary Pearson Mary Roberts Maxie D. Carroll Maxine Murphy Myrtle Smith Norman & Jackie Way Olive Garden Opal Irene Wood Outback Steakhouse Papa Murphy's Pizza Paul Van Kirk Jr. Revocable Trust Phyllis Guffy Piera Kilanxhja Pretzelmaker Red Lobster Restaurant Red Robin Restaurant Robert & Jeanne Young Robert & Margaret Kratzer Robert Schumacher Rochelle Larson Rocky Mountain Chocolate Factory Ron & Opal Gifford Ruth Hjelmstad Ruth White Russell Parry	Sally Wood Scott & Betty Walck Starbucks Coffee Steven Letterhos Teresa Torrens The Ale House True Value Hardware T.L. & Nancy Morgan Verna Seal Viola Ward Vitamin Cottage WW Peppers Restaurant William & Wanda Wooters IN MEMORY OF LOVED ONES: Florence V. Balbier for John Watt, Betty Zeni and Eleanor Steinle Gerald & Phyllis Bridenbaugh for Eleanor Steinle Margaret Jaeckel for Terry Jaeckel Myrtle Smith for Wallace McBride & Maxine Falsone Patty Lopez for Joe Lopez Sally Gaumer for Gene Gaumer White River National Forest for Larry Allec 2008 UNITED WAY DONOR Robin K Nelson
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THANK YOU!

Donors are listed here for 1 year from the time of donation. If for some reason we have omitted or misspelled a donor's name, please accept our apology. We would appreciate the chance to correct our records. Please call the RSVP office at 243-9839.

S.H.I.P. News

Are you confused about your Medicare options? Mesa County RSVP, Inc. sponsors the SHIP program, a counseling program for Medicare beneficiaries and their families as they navigate the muddy waters of Medicare.

The purpose of the SHIP program is not to recommend or endorse any one product or insurance company. **Rather, its purpose is to assist consumers in making informed insurance choices about increasingly complex Medicare issues.**

During our first year 2008, the Mesa County SHIP volunteer counselors helped over **190 clients**. As of the end of March 2009 we had already served 95 clients. With the addition of the new SHIP counselors trained in June, we anticipate a sharp increase in the number of Medicare clients through the end of 2009.

Counselors are available at the RSVP office by appointment or by telephone. These are dedicated volunteers who love solving puzzles! Call RSVP at (970) 243-9839 . Medicare help is here.

Call Ruth McCrea at RSVP at (970) 243-9839 to make an appointment with a SHIP counselor or if you are interested in being a SHIP counselor.



The AARP Sponsored Tax-Aide Program Needs Donated New or Used Desk-Top Computers

Minimum Requirements:

- 400 MHz or faster (prefer 800 MHz)
- 256 MB RAM or more
- 4 G Hard Drive
- Operating system - Windows XP Home or Professional with Service Pack 2 or 3 or Windows 2000 with Service Pack 4

Call John Nelson at 970-523-8083

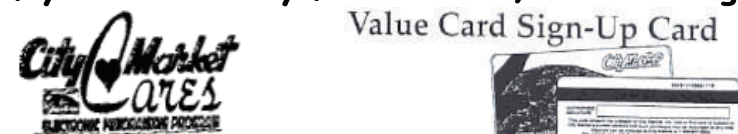
City Market Cares

- ♥ Register all Active Value Cards in your Household
- ♥ Use your card every time you shop at City Market
- ♥ Sign up friends, family, neighbors and coworkers
- ♥ Please register **all new cards** with RSVP
- ♥ City Market or King Soopers- Sooper Cards can be registered for RSVP
- ♥ Fuel Center purchases DO count for our organization

City Market Cares through people like you, has donated a total of \$6,027.86 to our organization since April 2001! THANK YOU!!!

Make an Easy Painless Donation to RSVP. Fill this out, mail it to RSVP, and use your card when shopping at City Market.

If you have already filled one out, that is enough.



Organization Name: Mesa County RSVP

Date: / / Record these 10 digits in the Value Card box below.

Name: _____	Value Card Number _____
Address: _____ Telephone(____)	
Authorized Signature: _____	

Handyman Services

What We Do . . .

- Minor Plumbing Repair
- Minor Electrical Repair
- Window Mounted Coolers
- Furnace Check up, Servicing
- Minor Furniture Repair
- Installing Grab Bars
- Wheelchair Ramp Building
- Minor Home Adaptations for Disabled
- Minor Carpentry

What We Don't Do..

- Yard or Garden Work
- Roof Repair/ Replacement
- Roof Top Coolers
- Furnace Repair
- Furniture Assembly
- Electrical Wiring
- Remodeling
- Carpet Cleaning
- Moving/Heavy Lifting
- House Cleaning
- Appliance Repair
- Rental Repairs

To Help or if You Need Help, Call RSVP at 243-9839

SENIOR SCHOLAR NEWS

by Ruth McCrea

We recently received responses from the Senior Scholar survey sent to SSP volunteers in May. Bernadine Minion says *"it's such a thrill to see a child suddenly begin to read with comprehension"* in the first grade – usually right after Christmas break.

Quite a few people mentioned the "Ah-ha!" moment and how gratifying it was to see that light come on in a child's eyes. And Marjorie Allen loves the, *"hugs and greetings from all of them"* especially from the most "troubled" children.

Other comments included how much the children missed the volunteer when they were gone, how rewarding their jobs are, what a joy it is to go to class, and *"I love volunteering at Scenic first grade! What a great way to spend retirement!"*

You can have joyful, rewarding experiences as a Senior Scholar volunteer. Believe it or not, a new school year is just a short time away! **We will be having another FREE Senior Scholar Tutor Training class September 10, 2009. Call for more information or to sign up.**

Learn how to be a school volunteer and make a lasting difference in a child's life! Tell a friend or two or three! Class size is limited. Call the Senior Scholar Coordinator (Ruth McCrea) at 243-9839 to sign up as soon as possible.

If you are interested in becoming a tutor/mentor:

Call Ruth McCrea with Mesa County RSVP at 243-9839

"We make a living by what we do, but we make a life by what we give."

Winston Churchill

Calendar of Events

July

Turn in your June timesheets

3 RSVP Closed for Independence Day



4 Independence Day

10 Ice Cream Social at the First Presbyterian Church



15 RSVP Board Meeting at Noon

August

Turn in your July timesheets

6 RSVP Strategic Planning Meeting

19 First Day of School in Mesa County SD



19 RSVP Board Meeting at Noon

September

Turn in your August timesheets

7 Labor Day-RSVP Office Closed

10 Senior Scholar Project FREE Tutor Training Class

16 RSVP Board Meeting at Noon

13 Grandparent's Day



22 First Day of Autumn

Welcome New RSVP Volunteers

Through June 9, 2009

Pat Barnett	Ethel Oatman
Art Burdett	Janice Owen
Robert Distel	Conrad Pyle
Jeanne Fox	Ruth Reed
Frank Goodman	Alberta Smith
Mary Ann Grant	Elaine Summers
George Helfenbein	Mona Turner
Mame Helfenbein	Frank Wagner
Lee Jensen	Betty Weseman
Lucille Johnson	Edward Yopp
Virginia McGriffin	
Della Mottram	

Volunteer Opportunities

For one-stop volunteer shopping, Mesa County RSVP, Inc. connects individuals 55+ to volunteer positions in any of our 100+ member agencies.

Listed below are just a
FEW volunteer opportunities:

- Advisory Council Member for **Foster Grandparents**
- Bright Beginnings Presenter for **Strong Families Safe Kids**
- Bingo Volunteer at **West CAP**
- Clerical help for **Home Care of the Grand Valley**
- Drivers and meal-site volunteers for **Gray Gourmet**
- Gardeners at the new **Family Health West Hospital** in Fruita
- Museum Docent for **Museum of Western Colorado**
- Outdoor Program Center Volunteer for **Girl Scouts of Colorado**
- Special Events volunteer for **AARP**
- Staff volunteer to help with guests at **Homeward Bound**
- Summer Reading Program Assistant at **Mesa County Public Library** (this opportunity is through the summer months only)
- Travel Counselor for **Colorado Welcome Center (Fruita)**

Call 243-9839 for information or check our website for a full listing of opportunities at:

rsvp@rsvpgrandjunction.org

Ice Cream Social

What: 2009 RSVP Ice Cream Social
When: Friday, July 10, 2009
Doors open at 12:30
Where: First Presbyterian Church Fellowship Hall, 3940 27.5 Rd. Grand Junction, CO 81506

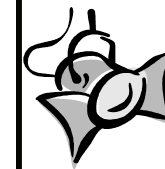
**Ice Cream with Toppings
and Root Beer Floats**

Entertainment & Door Prizes

Bring a friend who would like to know more about RSVP and its volunteer projects.

Bring a box of cold cereal to donate to the Homeward Bound Homeless Shelter.

Call 243-9839 for reservations.



Agency Spotlight

Cool Tips for Summer
"Staycations"

Colorado Welcome Center



During summer months the Colorado Welcome Center sees as many as 2,000 visitors per day. The colorful mural just inside the entry highlights Grand Valley attractions, and the

Center has maps and brochures to enable you to explore your own state. Friendly, helpful Travel Counselors are ready to answer questions about both local and state vacation opportunities.

The landscaped grounds, complete with flowers and tree-shaded picnic areas on a grassy expanse, offer a welcome respite for the road-wear traveler. The outdoor informational displays contain bits of local and state history, maps and photographs. There is ample parking for both passenger vehicles and the largest RVs.



RSVP Volunteers
Mary Kuesel and
Frances Hardiman

So why take a long road trip? Discover treasures in your own backyard! You can also find out about travel deals or look for discounts within the state of Colorado by logging on to www.colorado.com to plan your summer "staycation." There are incredible things to see and do close to home. This website is complete with [travel-planning tools](#), [articles](#), information on [cities and towns](#), [maps](#), [itineraries](#) and other interesting tips.

Stop by the Colorado Welcome Center at 340 Highway 340 in Fruita to talk to a Travel Counselor.

If you are looking for a volunteer opportunity as a Travel Counselor at the Colorado Welcome Center contact RSVP Ruth McCrea at 243-9839.

HANDYMAN PROJECT NEWS

by Sherry Taylor Warner

The Handymen have continued to be a busy group this spring; with many of volunteers traveling for business, leisure and family reunions, **and yet they find time to volunteer.** Their dedication to the clients and their safety is inspiring. In addition, the **clients of the Handyman Project are overwhelmingly satisfied** and grateful that this service is available.

The most requested service continues to be the installation of grab bars in the bathroom. Many of these jobs are referred by Home Health representatives, but the balance of requests are from individuals who realize the practicality of having support in one of the most dangerous areas of the home.

There are many different styles of grab bars to choose from. Clients need to be careful of the type they choose to have installed. **We do not recommend grab bars that adhere to the shower wall surface with suction cups.** These are not very safe.



Not all of the Handyman volunteers choose to install grab bars. **There are a number of considerations the handymen make before installation:** wall surface, wall thickness, concealed pipes, 2 x 4 locations in the wall, appropriate fasteners, height of the person using the bath relative to placement, just to name a few. And yet, these installations can be done in approximately one hour.

I would like to thank **Richard Meysenburg**, a veteran of our team, for the very thorough presentation on grab bar installation he gave at the coffee April 8th. I would also like to thank all the volunteers who attended. We had a good information exchange among the group. **For someone like me who has never been very handy, it was a real eye opener.**

Last, but definitely not least, our roster is expanding: **Michael Rasmussen** has been reactivated, and will be able to volunteer again. Also joining the team are **Jonathan Wilson** and **Lee Jensen**. Welcome!