



SUPPORT GROUPS FOR CAREGIVERS

Western Slope

The Dementia Caregiver Support Groups meet on an ongoing monthly basis and are for family or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease. The groups are facilitated by volunteers who are screened, trained, and supervised by the Alzheimer's Association. Support Groups are a safe place to receive support for the difficult journey of Alzheimer's. **Please call or email Debra Bianchi to receive the necessary information to participate in one or more of the Virtual Support Groups. Phone: 970-714-2875 Email: debianchi@alz.org**

Dementia Caregiver Support Groups

The Dementia Caregiver Support Groups are for family members or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease.

Renew RFV VIRTUAL SG	Wednesday Morning Check-in (weekly)	7:00 - 8:30 am	These are virtual support groups that meet using an application from your computer or smartphone. A call in option from a landline is also available. If you are new to virtual platforms, you will be invited to participate in a brief orientation session before you join your first group.
Western Slope VIRTUAL SG	Friday Night Social (weekly)	7:00 - 8:30 pm	
Veterans VIRTUAL Support Group	1st Tuesday	9:30 - 10:30 am	
Aspen Ridge VIRTUAL SG	2nd Tuesday	1:30 - 3:00 pm	
Carbondale VIRTUAL SG	3rd Friday	2:00 - 3:30 pm	
Western Slope VIRTUAL SG	4th Friday	1:00 - 3:00 pm	
Gunnison VIRTUAL SG	4th Tuesday	Noon - 1:00 pm	
Men's VIRTUAL SG	Coming Soon - Please Call	TBD	

Calvary Chapel Christian Church Faith Based Dementia Caregiver Support Group

This Support Group is for family members who serve as caregivers of persons who are living with dementia, and who are interested in a faith-based support group.

Faith Based VIRTUAL SG	2nd and 4th Tuesday	10:00 - 11:30 am	See Notes Above
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NO COST TO ATTEND.

FOR MORE INFORMATION, CALL 800.272.3900 OR VISIT: ALZ.ORG/CO

