

## **Volunteer Position Descriptions**

### **Community Food Bank:**

**Low-risk volunteers to help sort, pack, and bag/box food to distribute to clients.**

3hr shifts in groups of 2-5

Low-risk volunteers

Available 1x week M/T/TH/F

Or, 1-2 Saturdays 9 - 11am

Most Needed:

Warehouse sorters & packers

Food boxing/bagging

### **Grand Valley Catholic Outreach:**

#### **Food Pantry Specialist.**

Volunteers pack boxes of food for families requesting food through the financial aid program and use a care to deliver to the client, all within the Outreach Office building. Must be able to lift 20 lbs., get grocery items off of shelves and push the grocery cart short distances.

#### **Day Center Volunteer.**

Work at the Outreach Day Center with a team of volunteers to provide services for adults who are homeless. Duties of the team include: admissions desk, storage area management, mail and phone desk, shower

area management, laundry area management. Positive, encouraging interaction with guests. Willing and able to assist with cleaning tasks.

**Habitat for Humanity:**

**Construction volunteers to build homes.**

Please contact Construction Foreman, Kostas, at 970-778-5611 to schedule time between 8:00 a.m. and 4:00 p.m. on any Thursday, Friday, and/or Saturday. The construction industry is considered essential according to COVID-19 stay-at-home orders. Habitat can have to 8 volunteers to build alongside staff, and will follow the guidelines regarding mass gatherings from Mesa County Public Health. For more details, call Marie at 970-216-1277.