

Strengthen Your Community — Volunteer!

CO Welcome Ctr. In Fruita—

Assist travelers in planning their visit through Colorado. Must be personable, innovative and familiar with CO. Flexible shifts.

Family Health West—

Rock Steady Boxing Volunteer assists Parkinson's patients with gloves, supervise safety/hydration, class setup and takedown, etc. CPR preferred but not required. Must be able to lift 35 lbs.

Mesa County Sheriff's Office—

Victim Advocate Program volunteers respond to crime scenes and other traumatic incidents to provide emotional support to victims, witnesses and loved ones until their support network is reached. Mileage reimbursement.

Call 243-9839 ext. 5 or go online www.rsvpgrandjunction.org for more ways to help.

Does Your Employer Match Donations to Non-Profits?

Many companies match donations made by their employees and retirees. They may also make monetary donations based on the time you donate. Your generous donations of time and money can have twice the effect in our community!

167 RSVP Volunteers Fight Hunger

By Cathy Leach & Diane Barger

Hunger can affect every aspect of one's existence. One in every 10 seniors and one in every six children feel insecure about their prospects for regular meals, according to the Colorado Health Foundation's January 2018 Colorado Blueprint 5 Year Plan to End Hunger. The report states that based on the rising cost of housing, utilities, etc., nutritional food can be beyond the means of these people.



With the help of 167 RSVP volunteers through 10 non-profit organizations, the fight is on to address hunger in our own community! RSVP volunteers feed hungry people by packing food boxes, distributing food at food banks and pantries, cooking and serving meals to the hungry, driving seniors to the grocery store, and taking meals to homebound elderly (even on Christmas Eve!).

For several years, School District 51 and Western Colorado Community Foundation have run the Lunch Lizard Program, which provides meals to hungry children during the summer. Last year, 25,000 meals were served at 17 different sites. The trucks are manned by paid staff and RSVP and community volunteers.

Thank you, RSVP Volunteers, for making a difference by helping people feel more secure about their prospects for regular meals, in a very direct and personal way.

A New Perk for Our Partners!

We are pleased to announce that our partners now have the opportunity to advertise upcoming events on our website/Facebook page! It's easy and free! Contact Diane Barger @ recruit@rsvpgrandjunction.org

Office Location:

422 White Ave, Suite 090
Basement of the US Bank

Mailing Address:

PO Box 1077
Grand Junction, CO 81502
970-243-9839

www.rsvpgrandjunction.org
info@rsvpgrandjunction.org

Board of Directors

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Diane Barger

SHIP & Handyman Manager:

Ruth McCrea

Visit our
website at
rsvpgrandjunction.org

Like us
on Facebook
[www.facebook.com/
MesaCountyRSVP](http://www.facebook.com/MesaCountyRSVP)

Four Easy Ways You Can Help RSVP Strengthen Our Community:

1. Consider whether becoming an RSVP board member is right for you
2. Ask your employer if your company matches volunteer donations
3. Send us pictures of (ONLY) RSVP volunteers at various agencies as email attachments. Don't forget to include volunteers' names!
4. Buy raffle tickets!

Senior Scholar Training is August 20th & 21st

by Cathy Thomas

I volunteer at Orchard Avenue Elementary School several times a week helping first-graders with reading, both in the classroom and in the library.

At the beginning of the school year, I was asked to help a first-grader with his reading. When we started the year, the student could not even recognize his letters. Throughout the year I have helped him in various ways with letter recognition and reading skills.

In February, when I went to help the students, the teacher told me that this student wanted to read to me that day. I was so excited to see that he could read the book word for word. His eyes just shone and he was so elated. I was overjoyed to see that the help I had been giving him had paid off in such a big way!

Many students need one-on-one help because families are busy and teachers have large classes to manage. You can help by becoming a Senior Scholar. Recruit@rsvpgrandjunction.org or (970)243-9839, ext. 5 for info.

Volunteers: Save the Date for Our End-of-Summer Hoedown Ice Cream Social and RAFFLE!

(Raffle tickets available for sale to the entire community)

Yeeee-HAW! Throw on yer bandanas, bolos and bonnets and git on down to Canyon View Vineyards Church for a good ol' time! Kick off yer boots and stay a while fer ice cream and fixins. Visit with yer compadres and make new ones while snappin' yer fingers to the tunes of Peggy Malone. Be there at 1:00 p.m. on Thursday, August 30th. Sorry, no horse rails or troughs available, so we have parkin' fer horseless carriages only! RAFFLE tickets will be on sale soon @ rsvpgrandjunction.org!



Sponsored by Grand Valley Bank.

Urgent: RSVP Needs Additional Board Members!

Mesa County RSVP, Inc. has a spotless 45-year record of strengthening our community by engaging volunteers ages 55 and over. As RSVP volunteers and partners, you're aware of the good you do every day. Now you can become an RSVP board member! If you want to help keep our SHIP, Handyman and Senior Scholar projects and our 60+ member agencies going strong, we invite you to find out more about our team right away. Your dedication will inspire others to help strengthen the Grand Junction area. Call Jean Brewer at (970) 243-9839, ext. 8. We will begin reviewing applications immediately.

RSVP Charter Member Leaves Legacy of Volunteering

by Cathy Leach & Diane Barger

RSVP had its humble beginnings 45 years ago in Mesa County. Winnie Krantwashl, Colorado native and resident of Grand Junction, was a charter member of RSVP until her death in 2005. She considered RSVP to be the leading edge of service organizations.

Winnie's service through RSVP to our community matched her skill for writing. For 27 years, she wrote weekly columns for the Palisade Tribune newspaper. She also was published in the Fruita Times, the Daily Sentinel, the Senior Beacon, and the Montrose Tribune.

After retiring from the State Home and Training School, where Winnie won the Outstanding Woman of Colorado for Women at Work Award, she won over 100 gold medals in Senior Games race walking. Winnie was also involved in politics and church. Winnie served as a shining example of what one woman can accomplish and has impacted others by volunteering to write.

Winnie left her legacy, as her daughter, Peggy Ballard, continues to serve our community as a RSVP volunteer. When Peggy moved back to the local area in 1998, Winnie advised her to "first, join RSVP". Peggy has contributed almost 1,500 hours doing one-time projects and events. These allow her to continue to volunteer even though she travels frequently. Winnie's legacy endures generations.

Will you leave your mark on the next generation while serving others today? Encourage others to volunteer!

RSVP Calendar

Timesheets due by the 15th of each month

Medicare Help: SHIP Walk-in Day
Every Thursday—9 a.m. to 12 p.m.

July

4 OFFICE CLOSED for Independence Day

11 Medicare 101—Introduction to Medicare 10 a.m. to Noon (Note: This is the 2nd Wed. of the month)

?? RAFFLE TICKETS ON SALE!

24 RSVP Board Meeting Noon—1:30 p.m.

August

1 Medicare 101—Introduction to Medicare 10 a.m. to Noon

28 RSVP Board Meeting Noon—1:30 p.m.

30 OFFICE CLOSED for Hoedown and Raffle Ticket Drawing

30 End-of-Summer Hoedown Ice Cream Social

30 Raffle Ticket Drawing

September

3 OFFICE CLOSED for Labor Day

5 Medicare 101—Introduction to Medicare 10 a.m. to Noon

10- SHIP CLOSED This Week for Off-Site 14 Training

25 RSVP Board Meeting Noon—1:30 p.m.



**First Congregational
United Church of Christ**

Thank You, FCUCC!

Recently, the Handyman Project received a wonderful gift from First Congregational. The church donated \$100 to the Project, which will be put to good use. Congregants also generously donated a large bag of weatherstripping for the benefit of our clients! We are so grateful!



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Grand Junction, CO 81502
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THANK YOU **usbank**
for the generous donation of our office
space!



Place label here

Support RSVP and our mission!

“Strengthen our community by engaging volunteers ages 55 and over.”

SIGN UP

**City Market Community Rewards
Is An Easy Way to Support
Mesa County RSVP**

- ♥ Register by calling 1-800-576-4377 or online at www.citymarketcommunityrewards.com.
- ♥ Choose Mesa County RSVP, ID#10238.
- ♥ **Re-register** every year.
- ♥ Use your loyalty card at City Market.



The Encore Shoppe

NOW LOCATED AT 1909 N. 1st St.

**Donate Your Gently-Used
Clothing and Household Items
To Support RSVP**

- ☞ Take your used items to The Encore Shoppe Tues. - Sat. 9:30 a.m. to 5:30 p.m.
- ☞ The Encore Shoppe will select the items they will be able to sell.
- ☞ Tell them you are donating on behalf of RSVP.
- ☞ When the items sell, the 40% consignment will be donated to RSVP.

