

Strengthen Your Community — Volunteer!

City of Grand Junction Police Department and Mesa County Sheriff's Office – Victim

Advocates offer crisis intervention and support resources for victims of crime and traumatic events.

Child and Migrant Services in Palisade – Hot Meal Program

Volunteer assists with meal preparation 12noon – 2pm OR assists with serving meals to farm workers and cleaning up afterwards from 3:45 – 6:45pm Tues., Wed. or Thurs. Ability to speak Spanish helpful but not necessary. Seasonal: June—Aug.

Partners of Mesa County – Make a difference in a child's life! Mentor to help at-risk children ages 7-17. There are 100 children on the waiting list. Commitment is 3 hours a week for one year.

Call 243-9839 ext. 5 or go online www.rsvpgrandjunction.org for more ways to help.

Tiny Spot, HUGE THANK YOU!

To the photographer who wishes to remain anonymous: We're grateful for the time and talent you have donated so far, and look forward to working with you in the future!

What to Do When You're 64

By Maggie Sanders

We all know that for most people, Medicare begins at age 65. It can be daunting, and it's not anyone's idea of fun to visit the Social Security office. While you may be tempted to put off Medicare education and enrollment, waiting too long may delay your coverage start date.

RSVP SHIP encourages you to attend a free Medicare 101 class three or even four months before your 65th birthday. The two-hour class, given by a state-certified SHIP volunteer, is an impartial look at the ins and outs of Medicare. It's presented in a relaxed, informal environment and is designed to relieve the stress involved with Medicare decisions. SHIP does not sell insurance plans.

Medicare 101 will walk you through the Medicare maze, showing you what to expect from the program and how to choose a plan that fits your needs. You'll learn whether you qualify for financial assistance, what Medicare does and does not pay for, and how to interpret the forms you'll receive in the mail. You'll also learn how to protect yourself from Medicare fraud.

Medicare 101 classes are held from 10:00 a.m.—12:00 p.m. the first Wednesday of every month (except holidays). December's class falls on the second Wednesday.

To reserve your spot, call (970)243-9839, ext. 1.

Volunteers are Invited to Our 2018 Volunteer Appreciation Luncheon

Celebrating
45 Years
of Strengthening Our
Community With
Hands & Hearts



Two Rivers Convention Center
Friday, April 13, 2018
12:00-3:00 p.m.

Reserve seats by April 6th:
970-243-9839, ext. 6
(Choose chicken or vegetarian meal)

- No cost to RSVP volunteers
- Guests \$18.00. Checks due to RSVP by April 6th
- 50/50 Drawing tickets are only \$1.00!
- Wear your RSVP name tag
- Bring non-perishables for Child & Migrant Services

Office Location:

422 White Ave, Suite 090
Basement of the US Bank

Mailing Address:

PO Box 1077
Grand Junction, CO 81502
970-243-9839

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info@rsvpgrandjunction.org

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Visit our

website at

rsvpgrandjunction.org

Like us

on Facebook

[www.facebook.com/
MesaCountyRSVP](http://www.facebook.com/MesaCountyRSVP)

Six Easy Ways You Can Help RSVP Strengthen Our Community

1. Like and share RSVP's Facebook posts (raises awareness of who we are and what we do)
2. Donate any amount, any time at rsvpgrandjunction.org
3. Write a letter to the Sentinel editor about the importance of RSVP to the community
4. Remember to wear your RSVP name badge in addition to any ID you wear at your volunteer commitments
5. Thank our member agencies for their partnership with RSVP
6. Thank our featured organizations/businesses for their support of RSVP

How Last Year's Pants Can Help Your Neighbors

by Maggie Sanders

Yes, everyone, it's once again time for spring cleaning. Get out your yellow gloves and the Windex, and don't forget to sort through those closets, too!

If you're like those of us in the RSVP office, you've already decided what to do with all of the extra *stuff* your household acquired this past year. We know where to take the gently-used, didn't-quite-match-the-blouse necklace, the beautiful mirror that just doesn't fit anymore in a newly-redecorated room, and those pretty shorts that seem to have magically shrunk while in our dresser drawers over winter. It's all going to **The Encore Shoppe!**

Most locals have heard of and possibly visited The Encore Shoppe. It's a fantastic place to go for housewares, clothing and interesting little items you'd completely overlook in a chain store. The items there have stories to tell about Mesa County's people. They're ready to adorn a firstborn's nursery or a newlywed couple's kitchen, and become part of *their* stories. It's a mutually beneficial relationship: you get rid of clutter, The Encore Shoppe employs local people, and someone walks away with the perfect tchotchke for pennies on the dollar.

Did you know, though, that your items can also help countless people in our community? By **telling an Encore employee that you'd like your consignment proceeds to benefit RSVP**, you're donating to your favorite causes. Those donations add up quickly!

So get out the ceramic garden frog you won at Bunco, fold your granddaughter's Disney Princesses drapes (she's way too cool for those now), and grab the sandals you only wore twice last spring. Call The Encore Shoppe at 242-3662 for drop-off information, then sit back and feel good about your clean closet. Well, 'til next spring, anyway!



We support



through non-perishable donations and volunteer recruitment

RSVP is grateful to Beacon for their support!



Seniors Would Be Hungry Without RSVP

by Diane Barger

RSVP volunteers support 62 other non-profit organizations in Mesa County. One of those is Gray Gourmet Meals on Wheels. RSVP refers 60-70% of Gray Gourmet Meals on Wheels' 300 total volunteers. Amanda de Bock, Gray Gourmet Program Manager, says they are grateful for the volunteer recruitment support from RSVP. It allows them to focus on their mission of providing food for seniors, rather than focusing on volunteer outreach.

Gray Gourmet Meals on Wheels' mission is to promote the independence, health and well-being of the elderly in Mesa County through quality nutritional services. Their volunteers serve lunch to seniors ages 60 and older at nine dining sites and deliver almost 300 meals to the frail and homebound elderly in the Grand Valley. 90% of these seniors report that this is their main meal of the day. That means without this meal, 1,040 people may not eat that day.

Annually, 1,600 clients are served over 120,000 meals. Without RSVP volunteers, many seniors would go hungry each year! Gray Gourmet Meals on Wheels and RSVP would like to thank the 300 wonderful volunteers who serve meals to so many of our community's hungry seniors.

RSVP Calendar

April

Timesheets Due by the 15th

Medicare Help: SHIP Walk-in Day

Every Thursday — 9 a.m. to 12 p.m.

- 1 Easter
- 4 Medicare 101 10 a.m. to 12 p.m.
- 13 Volunteer Appreciation Event
12 p.m. to 3 p.m.
- 19 Check out our booth at BeaconFest!
- 24 Board Meeting 12 p.m.

May

Timesheets Due by the 15th

Medicare Help: SHIP Walk-in Day

Every Thursday — 9 a.m. to 12 p.m.

- 2 Medicare 101 10 a.m. to 12 p.m.
- 3 Senior Scholar Lunch (11:30 a.m., in our office) RSVP by 5/1 (970)243-9839, ext. 6
- 13 Mother's Day
- 22 Board Meeting 12 p.m.
- 28 OFFICE CLOSED—Memorial Day

June

Timesheets Due by the 15th

Medicare Help: SHIP Walk-in Day

Every Thursday — 9 a.m. to 12 p.m.

- 6 Medicare 101 10 a.m. to 12 p.m.
- 17 Father's Day
- 26 Board Meeting 12 p.m.

Has your contact information changed?

If so,

update it with us!

(970)243-9839, ext. 5

or

recruit@rsvpgrandjunction.org



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THANK YOU **usbank**
for the generous donation of our office
space!



Place label here

Support RSVP and our mission!

“Strengthen our community by engaging volunteers ages 55 and over.”

SIGN UP

**City Market Community Rewards
Is An Easy Way to Support
Mesa County RSVP**

- ♥ Register by calling 1-800-576-4377 or online at www.citymarketcommunityrewards.com.
- ♥ Choose Mesa County RSVP, ID#10238.
- ♥ **Re-register** every year.
- ♥ Use your loyalty card at City Market.



The Encore Shoppe

NOW LOCATED AT 1909 N. 1st St.

**Donate Your Gently-Used
Clothing and Household Items
To Support RSVP**

- ☞ Take your used items to The Encore Shoppe Tues. - Sat. 9:30 a.m. to 5:30 p.m.
- ☞ The Encore Shoppe will select the items they will be able to sell.
- ☞ Tell them you are donating on behalf of RSVP.
- ☞ When the items sell, the 40% consignment will be donated to RSVP.

