Thank you to everyone who helped recognize the importance of our volunteers!
HATS OFF TO YOU. . .

☆ Two Rivers Convention Center and Staff for doing such a great job with our Annual Volunteer Appreciation Event.
☆ Mary Jo Johnson for her beautiful harp playing at our event.
☆ Mary Lee Bowen & Ellen Roberts for the “Patsy Cline Wannabees” show.
☆ Aleta Ballard for her work on the event slideshow.
☆ AARP Colorado for their sponsorship of the Senior Scholar Book Giveaway and Volunteer Recognition Events.
☆ Area Agency on Aging for their support of the Money Saving Medicare Project.
☆ Sam’s Club for donating two $25 gift cards to honor RSVP volunteers Phyllis Carroll and Mary Valdez for 25 years of volunteer service to our community!!!!!

Need Help with Today’s Technology?

AARP Co. will be offering a Free Technology Workshop with Fruita Monument High School National Honor Society Volunteers
Saturday, April 12, 2014
9:30 a.m.—12:00 p.m.
Fruita Community Center
324 S. Coulson Street
Fruita, CO 81521

Register now! Call 1-877-926-8300. Space is limited. Walk-ins are welcome but registration is preferred!

Bring your questions and your electronics and have one on one time with a Fruita Monument High Honors Student.
Welcome New RSVP Volunteers
Through March 11th

Christine Davidson  Sheila Parker
Sandra Eisenberg  Joyce Petty
Marcia Jeppesen  Susan Rawlins
Judith Langely  Zack Reuter
Martha Markham  Glenna Sheader
Brian McGlynn  Deanna Taggart
Nancy Paregien  Woody Woodward

Volunteer Spotlight
by Ruth McCrea, Volunteer Manager

One of our Senior Health Assistance Project (SHIP) volunteers recently received high praise from the Colorado Department of Regulatory Agencies in Denver for her help in educating Century Link retirees about a major change in their retirement health benefits.

Jean W., an RSVP SHIP volunteer, researched and organized documents and handouts, and then put on three Medicare informational presentations in February specifically tailored to educate the Century Link retirees about their options. The seminars were held in a period of less than 10 days!

Response from just one participant, in the words Kathy Madden, Denver SHIP Partner Services & Training Manager, was that he found the information to be “presented in a thoughtful way, and that he left feeling armed and ready to make a good decision.” Kathy went on to say, “You really do make a difference in people’s lives.”

Thank you, Jean W.! Thanks also go to the four new SHIP trainees who helped complete prescription drug plan searches for the Century Link attendees on the three presentation days. The entire SHIP office was involved; this was really a rockin’ place!

Call 970-243-9839 for more information.

Calendar of Events

April

Turn In Your Timesheets

1  Mayor’s Day of Recognition of National Service - Watson Island Cleanup  Call RSVP for more information.
6  National Volunteer Week Starts
9  Medicare 101 – 10 a.m. to
16  RSVP Board Meeting
20  Easter
23  Educational Seminar – 10 a.m. to Noon “Intro to a Matter of Balance”
23  Administrative Professionals Day

May

Turn In Your Timesheets

5  Cinco de Mayo
7  Medicare 101 – 10 a.m. to
11  Mother’s Day
19  Senior Corps Week Starts
21  RSVP Board Meeting
26  Memorial Day

June

Turn In Your Timesheets

4  Medicare 101 – 10 a.m. to Noon
15  Father’s Day
18  RSVP Board Meeting
25  Educational Seminar – 10 a.m. to Noon “Senior Safety & Self-Defense”
Have you dreamed of a retirement filled with sandy beaches, temperate weather and colorful local life? Without enough money set aside for retirement, you may end up living on monthly Social Security benefits alone. However, it is possible to retire in some of the most affordable, appealing, cities in the world on as little as $1,250 per month - enough to cover all your living expenses, from housing to dining to travel.

Does that interest you? You might want to think again! Low cost? You bet! However, your Medicare won't travel with you. Even after paying in to Medicare for your entire working life, the US prohibits Medicare from paying for medical services for retirees outside the country and its territories. Expatriates often end up skipping health care while abroad, or may pay out-of-pocket expenses and end up paying twice for health care coverage. Medicare-eligible Americans living abroad must continue to pay their Medicare premiums. Don't even think about not paying those premiums! You could be penalized when you return to the US to enroll or re-enroll in Medicare.

Do your research on how you will afford health care if you choose to live abroad! Do you have more questions about Medicare? Contact your local RSVP Senior Health Insurance Assistance Project (SHIP) for answers.

If you’re interested in learning how to help, call 243-9839.
RSVP News - April-June 2014

SSP News
Senior Scholar Project
by Lindy Hodges, Project Manager

RSVP’s Senior Scholar Project currently has 27 amazing volunteers serving from 1 to 20 hours a week in our School District. So far this year, they have served over 1,400 hours! As the 2013-2014 school year comes to a close, that means it is time to start gearing up for the upcoming 2014-2015 school year!

We need your expertise! We need leaders who want to impact the lives of children in our community as Ambassadors for the Senior Scholar Project. An Ambassador’s role is slightly different than that of a Senior Scholar volunteer. RSVP needs folks who are willing go to classrooms and visit with Senior Scholars and their respective supervisors (teachers) to insure we are meeting the needs of not only the children but the district as well. These unique volunteers would also help to gather stories, photos and demographics for our grants, newsletters and website. Most importantly these Ambassadors would help develop and implement a new and improved training curriculum for the Senior Scholar Project based on information learned in the classroom.

District 51 is doing a wonderful job and so are the Senior Scholar volunteers, but we can always do more! If this volunteer position sounds like the right fit for you, call RSVP for an interview!

2014 Educational Series
by Ruth McCrea, Volunteer Manager

Wednesday, April 23, 2014
“Intro to It’s A Matter of Balance”

Have you fallen or know someone who has? This seminar will introduce the eight-week class, “It’s a Matter of Balance.” Every senior could benefit by attending this important class to be held later in the year. This seminar is only a teaser!

Wednesday, June 25, 2014
Senior Safety and Self Defense!

A new opportunity provide in collaboration with Executive Security International. ESI will apply over 30 years of knowledge to educate seniors about their personal safety and self defense.

Call to reserve your spot for these seminars. Seating is limited.
Seminars Held at RSVP Multipurpose Room

Agency Spotlight
by Ruth McCrea, Volunteer Manager

RSVP recently welcomed another new Member Agency, Court Appointed Special Advocates (CASA) of Mesa County. Part of CASA’s mission is to provide “a voice in court for the children who are victims of abuse and neglect.” CASA trains and supports volunteers to represent local children. Volunteers are asked to commit to a minimum of one year service or through the completion of a case.

RSVP looks forward to helping CASA fill its challenging and rewarding volunteer opportunities.

Call 243-9839 or go to www.rsvpgrandjunction.org for more information.
March 2014, has been declared as Colorado Caregiver Month by Governor Hickenlooper. Some of the very important information in the proclamation is: by 2030 the 65+ population will be 1.2 million, representing 18.5% of the population in Colorado. According to AARP, 88% of senior adults, many of whom need assistance with activities of daily living, want to remain in their homes and communities.

“WHEREAS, to successfully address the surging population of older adults, who have significant needs for long term services and support, the state must develop methods to both encourage and support families to advocate for their aging relatives and develop ways to recruit and retain a qualified, responsive in-home care workforce.”

For the full Proclamation please visit our website.

One piece of the puzzle for caregivers is our Handyman Project. Many of the requests we receive for the low-income, senior and disabled population come from caregivers, a spouse, a child, a friend or a professional care provider. Services provided by our volunteers are meant to help people remain SAFELY in their homes and can be wheelchair ramps, grab bars, minor plumbing or even minor electrical work. We have even installed risers under furniture!
## RSVP Donors

### Patrons ($500+)

- AAA Hearing
- AARP Colorado
- AV Hunter Trust
- Bacon Family Foundation
- Callahan-Edfast Mortuary
- Colorado Health Foundation
- Corporation for National & Community Service
- Daniels Fund
- Donald & Joan Mitchell
- Douglas Speedie
- Family Health West
- Fruita Thrift Shop
- Goodwin Foundation
- Mary Jo Johnson
- Meadowlark
- Investments, LLC
- State of Colorado-SHIP
- United Way of Mesa County
- Wells Fargo Bank Community Assistance Fund
- Xcel Energy Foundation

**Thank You!**

**United Way Donation:**
- Jean A. Brewer

## Sustaining Members ($250 to $499)

- City Market
- Colorado Document Security
- Home Care of the Grand Valley
- Judith Forward
- Rae Puderbaugh
- Third Sector Innovations

**Thank You!**

**United Way Donation:**
- Beth Somerville
- Bill & Ginger Mitchell
- Claythorn Mortuary
- Clayton & Mildred Dause
- Dolores Woernel
- Elsie Clifford
- Enstrom
- Ernest & Marcia Eastman
- Frank & Glenda Charlesworth
- Fred & Patricia Nichols
- Gerald A Shrader
- Isabella Summers

### Contributing Members ($50 to $249)

- Ilona Wiesiolek
- James & Kate Malapanes
- Jan Kerr
- John McConnell Math & Science Center
- John Nelson
- John Nelson Real Estate
- Kay & Robert Fiegel
- Kirk & Teresa Black
- Linda & R.L. Berkey
- Lois Nickerson
- Sondra Goffinet
- Teresa Potente & Edward Apanel
- Tillie & Pat Bishop

**Thank You!**

**IN HONOR OF:**
- Kong Heang Vong for Ruth McCrea

**IN MEMORY OF LOVED ONES:**
- Virginia L. Samuel for Sharon Bohmann Lawrence & Patricia Spaine
- Ray & Maurina Hickman for Dr. Jim Wilson

### Participating Members ($1 to $49)

- Albert & Darlene Lewis
- Beverly Karp
- Blue Moon Bar & Grill
- Brigitte Crosser
- Charles & Cheryl Roy
- Donald D Ray
- Dorothy McCarty
- Effie Sophocles
- Haldon & Marcia Hutson
- Halliburton Giving Choices
- Payroll Deduction: Thomas Johnson
- Howard C Mathers
- Joanne M Cording
- Mary Wales
- Margaret L Strange
- Martha E Nunez
- Melvin & Eleanor Muhr
- N.D. & Olive Bishop
- Orlan & Joan Dove
- Raymond & Marilyn Beckage
- Richard & Sara-Lee Cardwell
- Ruth A McCrea
- Sandra Hyde
- Terri L Boettcher
- Vera C Rees
- Violet Roeland
- William & Sheila Parker

**Thank You!**

**United Way Donation:**
- Joanne M Cording
- Mary Wales
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- Martha E Nunez
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- Sandra Hyde
- Terri L Boettcher
- Vera C Rees
- Violet Roeland
- William & Sheila Parker

**IN HONOR OF:**
- Jeannine Smith
- Susie Robertson

**IN MEMORY OF:**
- Gen L. Gallagher for Emma Williams
- Florence V Balbier for Ted Balbier
- Mitzi Taylor for Mickey Miller

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Donors are listed here for 1 year from the time of donation. If for some reason we have omitted or misspelled a donor’s name, please accept our apology. We would appreciate the chance to correct our records. Please call the RSVP office at 243-9839.
Put Your Friendship Where It Will Help Most...

I want to be a friend of RSVP, whose mission is: “Serving the community by utilizing the talents and skills of senior volunteers and placing them in rewarding opportunities at local agencies.”

- Contribute financially to RSVP, and...
- Believe people 55 and over are a valuable asset to the community, or...
- Utilize RSVP volunteers through his/her place of work, or...
- Support what the organization stands for, or...

Any combination of the above!!!

Enclosed is my/our check for $__________________

- Patron Member ($500 or over)
- Sustaining Member ($250 to $499)
- Contributing Member ($50 to $249)
- Participating Member ($1 to $49)

I want more information about RSVP.

I want more information on becoming an RSVP volunteer.

I want my Newsletter via email:_____________________
Mesa County Concert Association Season

Please see the attached Concert Flier read about one of the more exciting cultural experiences that Grand Junction has to offer.

The Mesa County Concert Series has provided outstanding entertainment at an affordable price FOR SEVENTY YEARS. We have succeeded in bringing to our community a variety of performers, to name a few: Doc Severinsson, Sons of the Pioneers, Michael Martin Murphy, Forever Plaid, the Glenn Miller Orchestra, Kingston Trio, Riders in the Sky, The Vienna Boys Choir, Itzhak Perlman, the Golden Chinese Acrobats...

This year, to celebrate our birthday, we are offering SEVEN concerts for only $50!!! If available, tickets for individual concerts cost $25, so we encourage subscribers to purchase the entire series.

Concerts are held at the Grand Junction High School auditorium, seating is open and parking is free. A grand night out at minimal cost!

Our goal is to be sold out by June!!! We are pleased to offer RSVP volunteers and member agencies an advanced opportunity to participate. So, please act soon.

Please note that your tickets will be mailed out to you in September.